



# Preparing for Emergencies and Every Day: Planning with Computer Models

Montgomery County, MD,  
Advanced Practice Center  
for Public Health Emergency  
Preparedness and Response and  
University of Maryland  
February 18, 2009  
San Diego, California



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# Introduction: APCs

- ☑ The NACCHO Advanced Practice Centers (APC) Program is a network of local health departments that exist to serve the public health community, developing resources and training materials.
- ☑ The program's mission is to promote innovative and practical solutions that enhance the capabilities of all local health departments and the public health system to prepare for, respond to, and recover from public health emergencies.

# Montgomery County, MD APC for Public Health Emergency Preparedness and Response

- ☑ To be a resource in emergency response capabilities for local public health agencies, especially those who are also planning on a multi-jurisdictional area;
- ☑ To collect appropriate tools that other local public health agencies in the National Capital Region have developed for dissemination; and
- ☑ To create and develop toolkits, technologies, and other materials that have been evaluated and tested in Montgomery County, into formats that can be easily replicated and used by other local public health agencies.

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# Overview of Workshop

- ☑ Introduce Computer Modeling
- ☑ Introduce CRI Scenario
  - Build Clinic Planning Model
- ☑ Continue CRI Scenario
  - Plan medication distribution
  - Use electronic screening
- ☑ Other uses of models
- ☑ Concluding remarks

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# Objectives

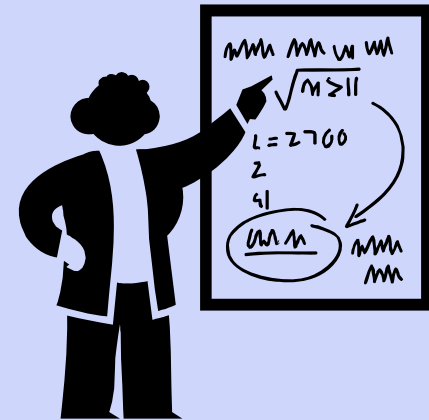
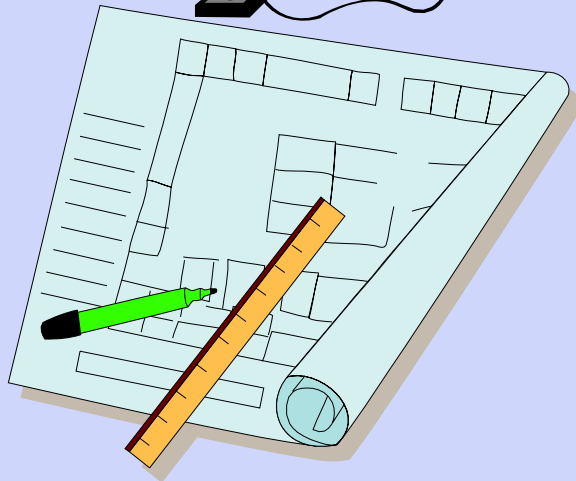
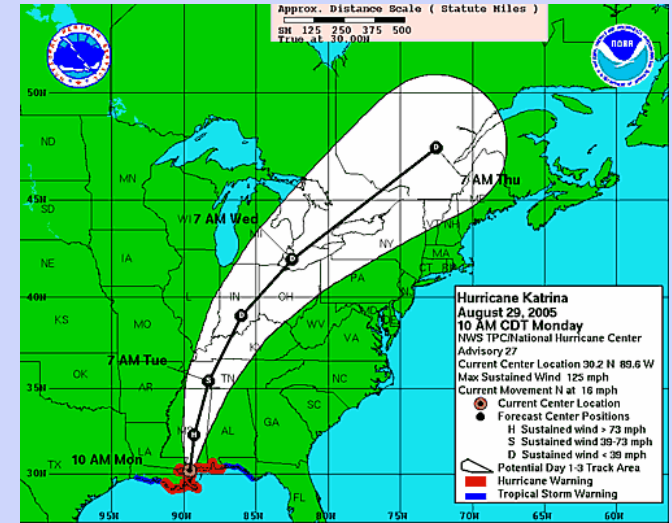
At the end of this session,  
participants will be able to:

1. Define the term “computer models.”
2. Identify strengths and challenges to using computer models for local public health departments.
3. Describe at least two examples of how computer models can be integrated into local public health.

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# Introduction: Computer Modeling

# Models come in many varieties.



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# Defining “Model”

- ☑ A model represents a system or process.
- ☑ A computer model is a computer program that evaluates the performance of a given system based on data about that system.
  - Includes spreadsheets, specialized software, simulation programs, web-based applications, and others.

# Planning with Computer Models . . .

☑ . . . is like using tax preparation software:

- Requires collecting important data
- Evaluates your specific situation
- Automates calculation of critical values
- Allows rapid recalculation after changes and corrections
- Requires some time to learn it

# Models for POD planning

- ✓ Operational Assessments for SNS Readiness suggest using a POD planning model.

- RAND working paper 571,

<http://www.bt.cdc.gov/cotper/coopagreement/08/pdf/WorkingPaper-Drills.pdf>

- ✓ Available models:

- BERM
  - RealOPT
  - Clinic Planning Model Generator

# Model comparison

Model:	BERM	RealOpt	CPMG
Platform:	Web browser	Java program	Excel spreadsheet
Model type:	Simulation	Simulation, optimization	Mathematical equations
POD design:	Fixed	Flexible	Flexible
Access:	Go to URL	Request from developers	Download from website

# Weill Cornell Bioterrorism and Epidemic Outbreak Response Model (BERM)

- ✓ Developed by the Cornell Institute for Disease and Disaster Preparedness (available at [www.simfluenza.org](http://www.simfluenza.org))
- ✓ Features:
  - Estimates staffing needed to meet dispensing requirements
  - Uses simulation to determine and graph queue lengths at each station (greeting, triage, evaluation, dispensing)
  - Web-based tool

# RealOPT

- ☑ Available from the Center for Operations Research in Medicine and Health Care at Georgia Tech
- ☑ Features:
  - Includes simulation and optimization modules to determine staffing that optimizes performance in user-defined scenarios
  - Includes graph drawing tool for layout
  - Implemented in Java

# Clinic Planning Model Generator (CPMG)

- ☑ Collaboration between  
University of Maryland and  
Montgomery County, Maryland
- ☑ Features:
  - Spreadsheet-based program that builds a customized POD planning spreadsheet model
  - Estimates POD capacity and queueing
  - Requires Microsoft Excel 2003

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# CPMG Development

- ✓ The planning models use data collected from time studies of mass dispensing and vaccination exercises in Maryland, Virginia, and New Jersey
- ✓ We developed the spreadsheets based on input from public health planners around the country.

# Personal Testimony

- ✓ How many patients per hour?
- ✓ How large of a facility is needed?
- ✓ How much staff is needed?
- ✓ How do you determine most efficient flow pattern for your POD?
- ✓ Needed another planning tool that engaged technology in a efficient way
- ✓ Time Study ➡ Baseline data ➡ Creation of Model

# Viewing and editing the model

<span style="background-color: #ffffcc; padding: 2px 10px; margin: 0 5px;">Table of Contents</span> <span style="background-color: #ccccff; padding: 2px 10px; margin: 0 5px;">Model Parameters</span> <span style="background-color: #ccffcc; padding: 2px 10px; margin: 0 5px;">Routing Table</span> <span style="background-color: #ffcc99; padding: 2px 10px; margin: 0 5px;">Staffing</span> <span style="background-color: #ff99cc; padding: 2px 10px; margin: 0 5px;">Report</span>			
<b>Inputs</b>		<b>Outputs</b>	
<b>Demand</b>		<b>General Performance</b>	
Size of population to be treated:	10100	Time in clinic (min):	7.12
Time allotted for treatment (days):	4	Average number of patients in clinic:	37
Daily hours of operation:	8	Bus interarrival time (min):	0.19
Number of clinic sites:	1	Clinic capacity (patients per hour):	329
Required throughput (patients per hour):	316	Total staff per shift across all clinics:	57
<b>Staffing (per clinic site)</b>		<b>Station-level Results</b>	
<b>Station name</b>	<b>Staff per shift</b>	<b>Minimum staff per shift</b>	
Triage	10	10	
Flu Vaccination (All ages)	12	12	
<b>Total Service Staff</b>	22	22	
<b>Total Staff</b>	57	Set all to minimum	
<b>Station name</b>	<b>Wait time (min)</b>	<b>Queue length</b>	<b>Utilization</b>
Triage	1.26	7	92.2%
Flu Vaccination (All ages)	1.96	10	95.8%
Values in <b>red</b> signify below-minimum staffing levels.		Values in <b>red</b> denote the "worst" station for that characteristic.	

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# Model Scope

- ☑ Planning, not a training tool
- ☑ Only takes into account essential station staff
- ☑ Included, but not predicted:
  - Security
  - Runners
  - Translators
  - Data Entry
  - Logistics

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# Model Scope

- ☑ One of many tools for planning
  - Not the *silver bullet* of POD planning
- ☑ Basic computer skills needed
  - Microsoft Office Excel
- ☑ Unexpected situations
  - Lost children, media, health emergencies
- ☑ Human factor
- ☑ Doesn't predict supplies needed
- ☑ Numbers in model based on a limited data set

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# How can the model help you?

- ✓ ***Self-select stations***

- ✓ Decrease bottlenecks/congestion

- ✓ Predicts essential staffing

- ✓ Compare arrival patterns

  - Buses vs. individual

- ✓ Pre-Event and during an event

- ✓ User-friendly

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# How can the model help you?

- ☑ Evaluation tool of POD plans
- ☑ Cost-effective
- ☑ Versatility of model
  - Seasonal flu clinics-not always for a crisis
- ☑ Field tested and research based

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# User Guide Information

☑ User Guide can be used for single use or “Train the Trainer” presentation

☑ For the most updated version of the User Guide and Model go to:

Institute for Systems Research, University of Maryland

[www.isr.umd.edu/Labs/CIM/projects/clinic/](http://www.isr.umd.edu/Labs/CIM/projects/clinic/)

# Patient Waiting in PODs

- ☑ Waiting occurs when systems with variability operate near capacity.
- ☑ Excessive waiting provides an opportunity to improve POD design.



Waiting for screening station  
June 21, 2004

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# Clinic Planning Model Generator Demonstration (CRI Scenario)

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# CRI Background

- ✓ The Cities Readiness Initiative (CRI) is a federally funded effort to prepare major US cities and metropolitan areas to effectively respond to a large scale bioterrorism event by dispensing antibiotics to their entire identified population within 48 hours of the decision to do so.

# CRI Scenario

- ☑ There has been an aerosolized Anthrax attack in Anywhere, USA. It has a population of 500,000 residents. There are 65 elementary schools that will be used to distribute oral medication. Household Representatives will be asked to walk to the nearest elementary school. Anywhere's Local Health Department is given 24 hours to distribute the medication, requiring two 12 hour shifts.
- ☑ Problem: Determine the number of staff needed to deliver medications to 500,000. Use two stations *Greeting* and *Delivery*.
- ☑ Go to CPMG

# Example: Input Data

Size of population to be treated:	500,000
Time for treatment (days):	1
Hours of operation per day:	24
Number of PODs:	65

# Worksheets

## Demand data

What is the size of the population to be treated in the clinics? 500,000

How many days have been allotted for treatment? 1

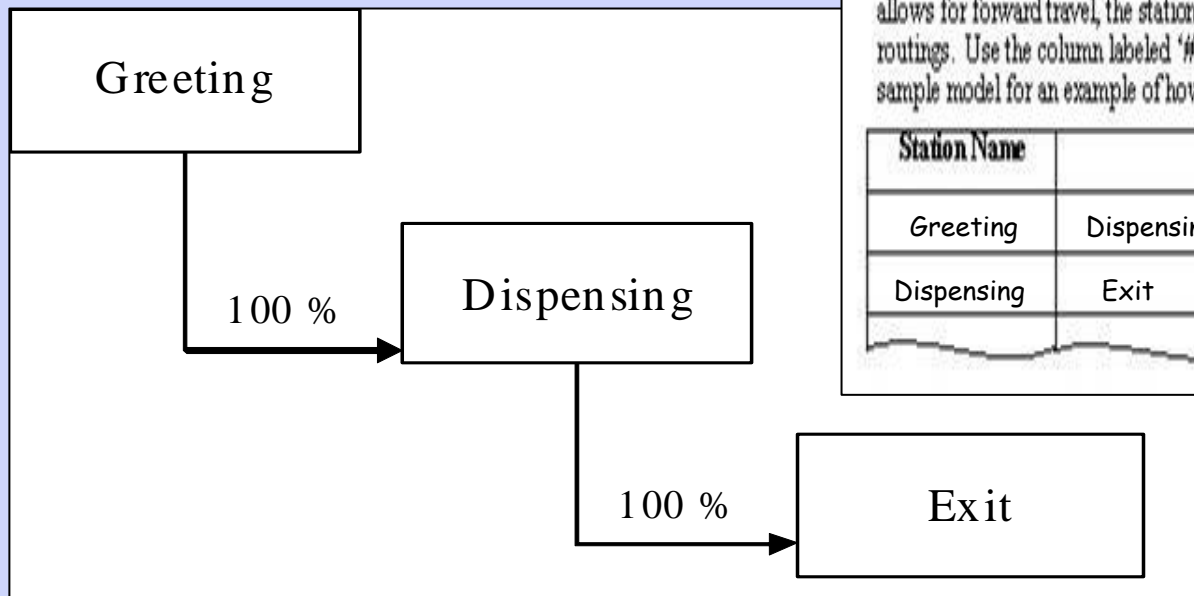
How many hours will the clinics be open each day? 24

How many clinic sites will be opened for treatment? 65

## Station data

In the 'Station Name' column of the table below, list all stations that patients might visit as they pass through the clinic. In the 'Possible destinations' column, make a note of the stations that patients might visit after that station. Since the model only allows for forward travel, the stations need to be listed in an order that permits the desired routings. Use the column labeled '#' to note the correct order for the stations; look at the sample model for an example of how the table should be used.

Station Name	Possible destinations	#
Greeting	Dispensing	1
Dispensing	Exit	2



# Model creation

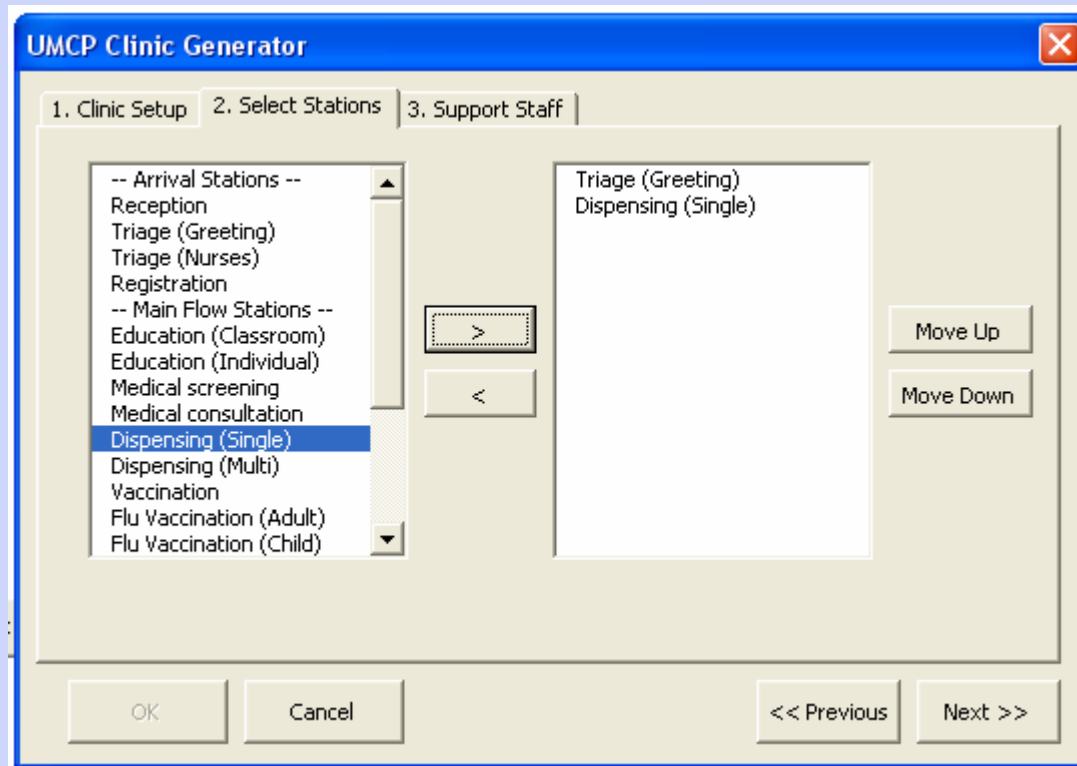
- ✓ Launch the CPMG (enable macros) and enter setup information

The screenshot shows the 'UMCP Clinic Generator' dialog box, which is divided into three tabs: '1. Clinic Setup', '2. Select Stations', and '3. Support Staff'. The '1. Clinic Setup' tab is active. It contains several input fields for configuring a clinic model. The fields are arranged in a grid-like fashion. At the bottom, there are four buttons: 'OK', 'Cancel', '<< Previous', and 'Next >>'. The 'OK' and 'Cancel' buttons are disabled, while the 'Next >>' button is enabled.

Field	Value
Clinic title:	CRI Scenario
Investigator name:	J.W. Herrmann
Population size:	500000
Hours of operation per day:	24
Time to treat (days):	1
Number of clinic sites:	65
Patient arrival batch size:	1
interarrival time SCV:	1.00
batch size variance:	0.00

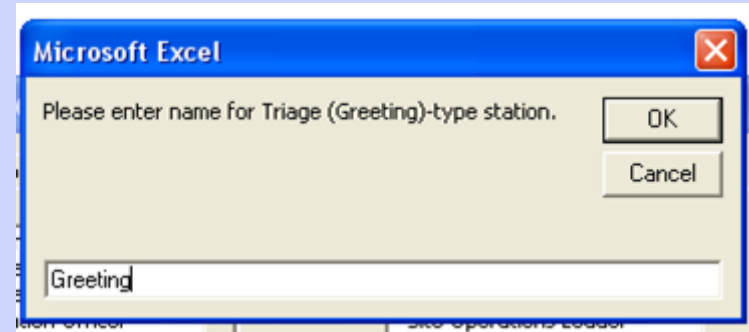
# Model creation

- ✓ Select stations in clinic
- ✓ Select 'OK' and save clinic



# Model creation

- ✓ Enter station names...
- ✓ ....and routing data



Microsoft Excel

Please enter name for Triage (Greeting)-type station.

OK

Cancel

Greeting

Routing Probabilities		
From Greeting	From Dispensing (Single)	
100.0%		To Dispensing (Single)
0.0%	100.0%	To Exit
100.0%	100.0%	Sum

Sum should be 100%

Continue...

# Viewing and editing the model

☒ Navigate to Main page



# Clinic Planning Model

## CRI Scenario

### Contents

This model is intended for use in advance planning of the response to a biological attack, using mass dispensing clinics or mass vaccination clinics. Calculations are based on the size of the population in question and the timeframe for treatment. Detailed instructions are given below for each portion of the model.

#### 1. Main

Enter the size of the population to be vaccinated and the time allotted for vaccination, then select a staff distribution and view a concise overview of projected clinic performance.

#### 2. Model Parameters

Adjust internal model settings, such as process times, arrival distributions, walking distances, and routing probabilities.

#### 3. Routing Table

Edit patient flow patterns by choosing the proportion of patients to pass through each station.

#### 4. Staffing

Contains support staff counts, such as team leaders, logistics personnel, and site management.

#### 5. Report

See detailed output of clinic performance, including breakdown of cycle times, average queue lengths, and station utilization.

#### Author Credits

#### Startup Screen

# Viewing and editing the model

Table of Contents	Main	Model Parameters	Routing Table	Staffing	Report
<b>Inputs</b>			<b>Outputs</b>		
<b>Demand</b>			<b>General Performance</b>		
Size of population to be treated:	500000		Time in clinic (min):	5.35	
Time allotted for treatment (days):	1		Average number of patients in clinic:	29	
Daily hours of operation:	24		Batch Interarrival Mean(min)	0.19	
Number of clinic sites:	65		Clinic capacity (patients per hour):	343	
Required throughput (patients per hour):	321		Total staff per shift across all clinics:	1040	
<b>Staffing (per clinic site)</b>			<b>Station-level Results</b>		
	<b>Staff per</b>	<b>Minimum staff per</b>	<b>time (min)</b>	<b>Queue length</b>	<b>Utilization</b>
<b>Greeting</b>	2	2	0.26	1	69.2%
<b>Dispensing</b>	6	6	3.78	20	93.6%
<b>Total Service Staff</b>	8	8			
<b>Total Staff</b>	16	Set all to minimum			

Values in **red** signify below-minimum staffing levels.      Values in **red** denote the "worst" station for that characteristic.

# Viewing and editing the clinic

Table of Contents

Main

Model Parameter

Routing Table

Staffing

Report

Routing Probabilities

From Greeting	From Dispensing	
100.0%		To Dispensing
0.0%	100.0%	To Exit
100.0%	100.0%	Sum

Sum should be 100%

Distance Table (in ft)

From Greeting	From Dispensing	
0.00		To Dispensing
0.00	0.00	To Exit

Model Parameters

Routing Table

Staffing

Report

Staff

Site Director	1
Recorder	1
Information Officer	1
Site Operations Leader	1
Line Worker	1
Replacement	1
Flow Control	1
Site Logistics Leader	1
Total	8

# What if?

- ☑ What happens if we add a person to the station with the highest utilization?

Add 1 to number of dispensing staff:

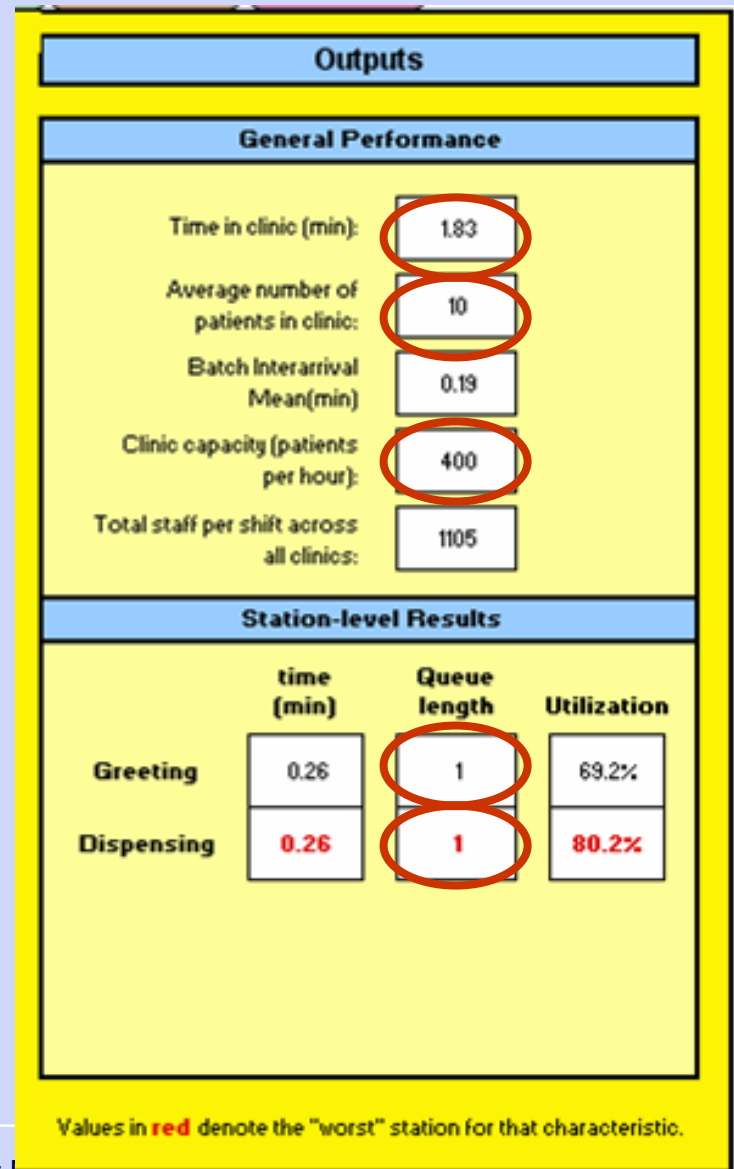


Table of Contents		Main		Model Parameters		Routing Table	
<b>Inputs</b>							
<b>Demand</b>							
Size of population to be treated:		500000					
Time allotted for treatment (days):		1					
Daily hours of operation:		24					
Number of clinic sites:		65					
Required throughput (patients per hour):		321					
<b>Staffing (per clinic site)</b>							
		<b>Staff per</b>	<b>Minimum staff per</b>				
<b>Greeting</b>		2	2				
<b>Dispensing</b>		6	6				
<b>Total Service Staff</b>		8	8				
<b>Total Staff</b>		16	Set all to minimum				
Values in red signify below-minimum staffing levels.							

# What if?

## ✓ Adding 1 to dispensing impacts POD performance:

- POD capacity:  
343 to 400 patients per hour
- Time in POD:  
5.35 mins to 1.83 mins
- Patients in POD:  
29 to 10
- Waiting time at dispensing:  
3.78 mins to 0.26 mins
- Queue length at dispensing:  
20 to 1



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# Medication Distribution Model

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# CRI Scenario: Medication Distribution

## ☑ Medication flow:

- Strategic National Stockpile (SNS) and Vendor Managed Inventory (VMI)
- State Receipt, Store, and Stage (RSS) facility
- Local Distribution Center (LDC)
- Points of Dispensing (PODs)

☑ Multiple shipments to RSS require good plans to get medication to PODs on-time

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# CRI Scenario: Medication Distribution

## ☑ Slack

= how early are deliveries to PODs?

- More slack is better: more robust plan that can handle disruptions

## ☑ Synchronizing operations is key to increasing slack.

# CRI Scenario: Medication Distribution Planning

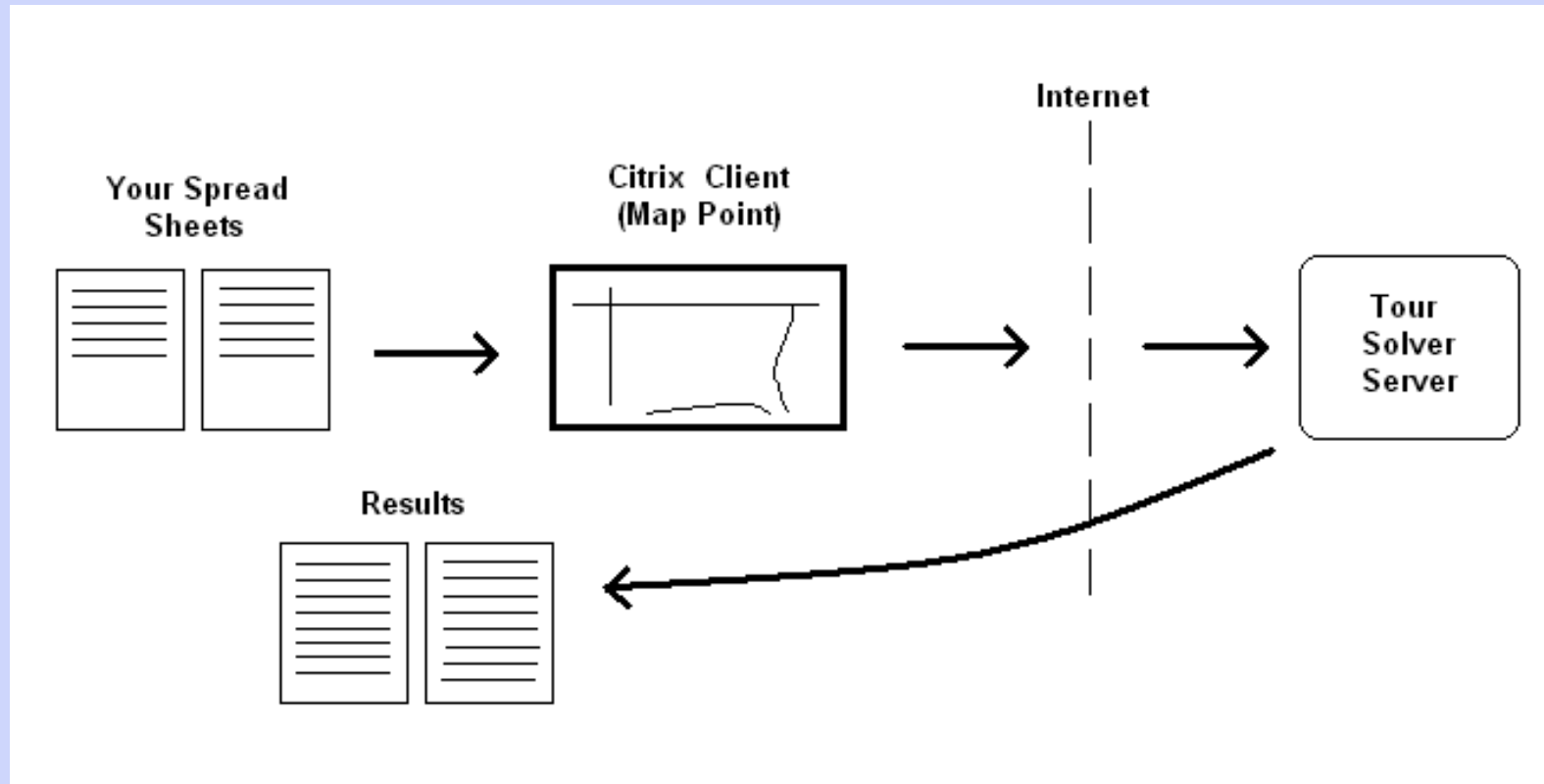
## ☑ Inputs:

- Timeframe
- Shipments to RSS: time, quantity
- PODs: location, demand
- Vehicles: number, capacity

## ☑ Output:

- Routes for vehicles
- Delivery schedule with quantities

# Medication Distribution Planning Process



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# CRI Scenario: Medication Distribution Planning

## ☑ Routing:

- Uses TourSolver  
([cdcstockpilerouting.c2logix.com](http://cdcstockpilerouting.c2logix.com)) to  
generate vehicle routes

## ☑ Scheduling:

- Uses tested rules to schedule deliveries  
and determine best quantities

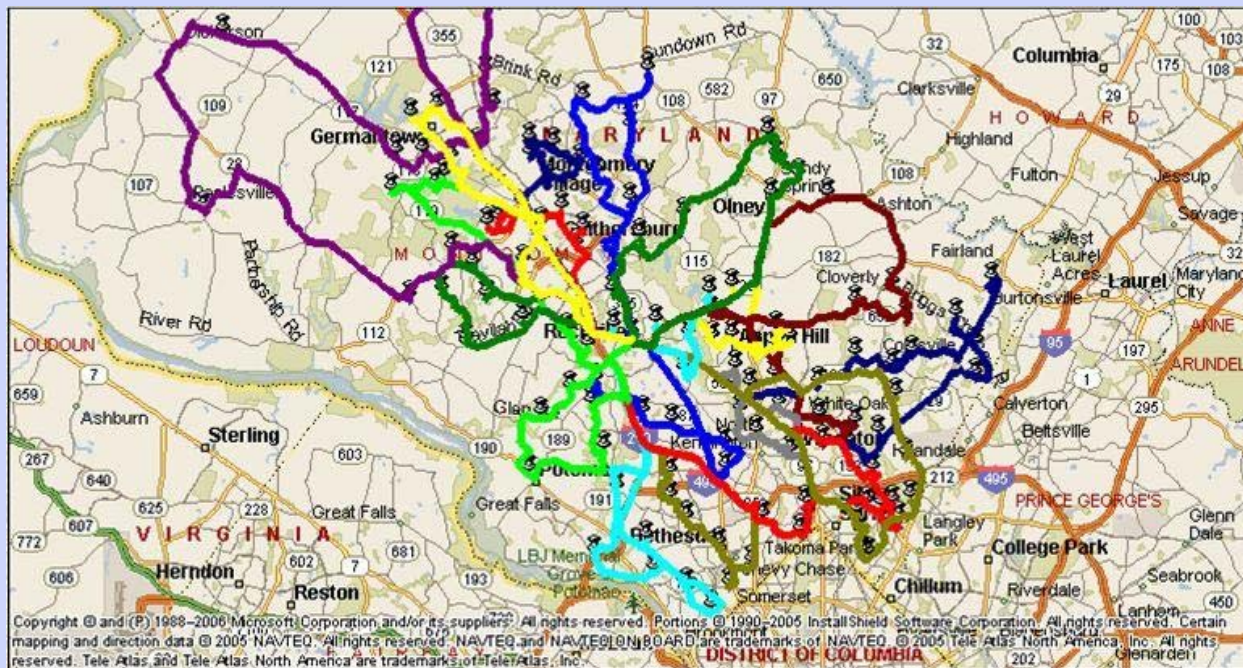
④



# Delivery “Waves”

- ✓ Wave: A delivery to depot (RSS) followed by deliveries from depot to PODs.
- ✓ Distribution to PODs is limited by these waves.
- ✓ Our CRI Scenario: 6 waves.  
5 hours between waves.

# 1. Generate Routes



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## 2. Scheduling

☑ Inputs: Supply and Demand

☑ Output:

- Vehicle start times
- Minimum slack for each wave

☑ Assumptions: equal-sized deliveries to depot, all PODs have same dispensing rate, one delivery to each POD each wave, all vehicles start simultaneously.

## Inputs

### Demand

Number of PODS:

Total population:

Dispensing start (hours):

Dispensing duration (hours):

### Supply

Number of deliveries to depot:

Time between deliveries:

Maximum truck route time (hh:mm):

Max time to POD delivery (hh:mm):

## Outputs

### General Performance

Minimum slack (hh:mm):

Total quantity needed at each POD:

Delivery quantity to each POD:

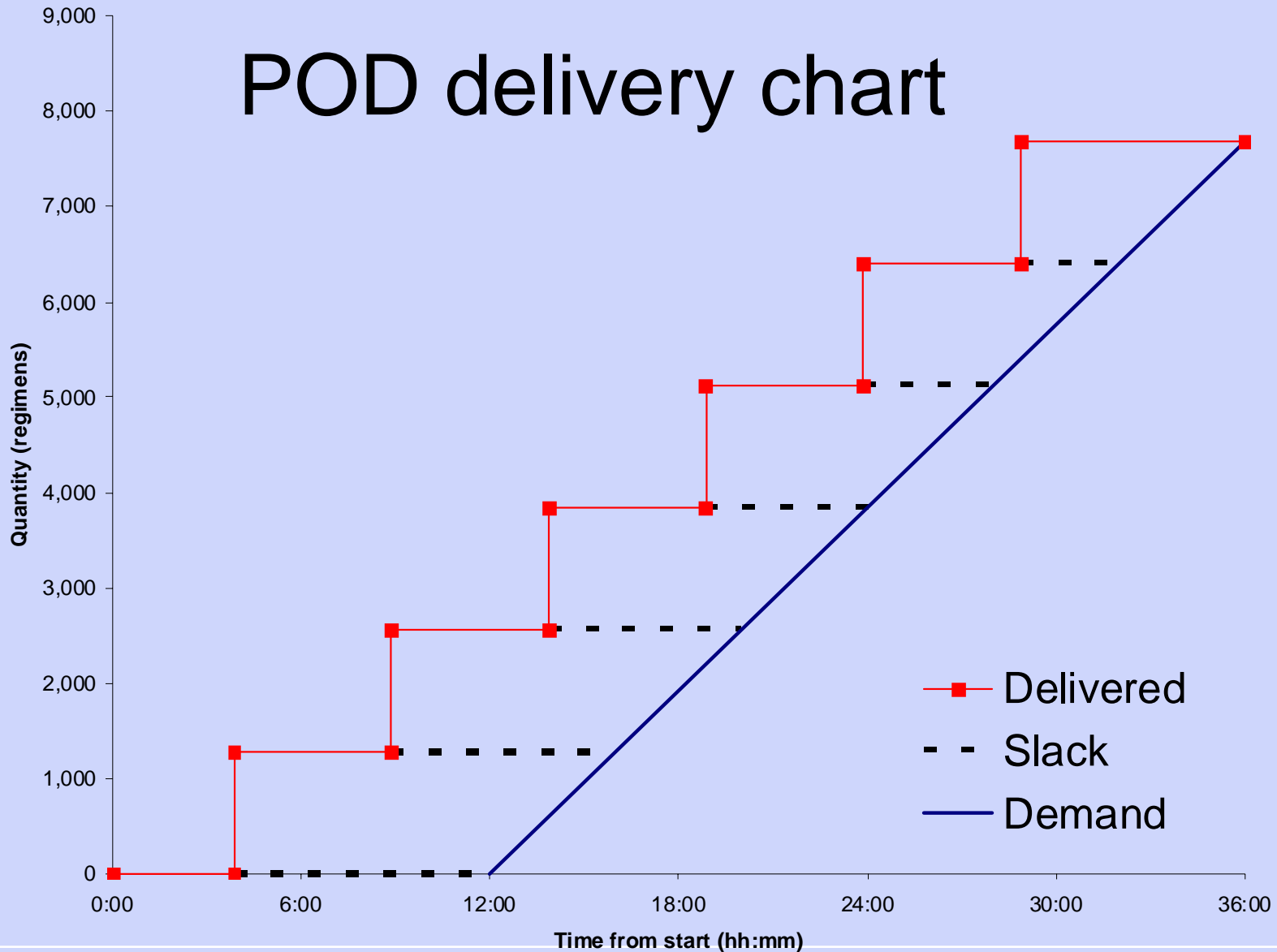
Dispensing rate (regimens per hour):

### Results by Wave

Wave	Wave start time (hh:mm)	Minimum slack (hh:mm)
1	0:00	8:08
2	5:00	7:08
3	10:00	6:08
4	15:00	5:08
5	20:00	4:08
6	25:00	3:08

Values in **red** denote the "worst" minimum slack.

# POD delivery chart



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# eMedCheck

## Electronic Patient Screening

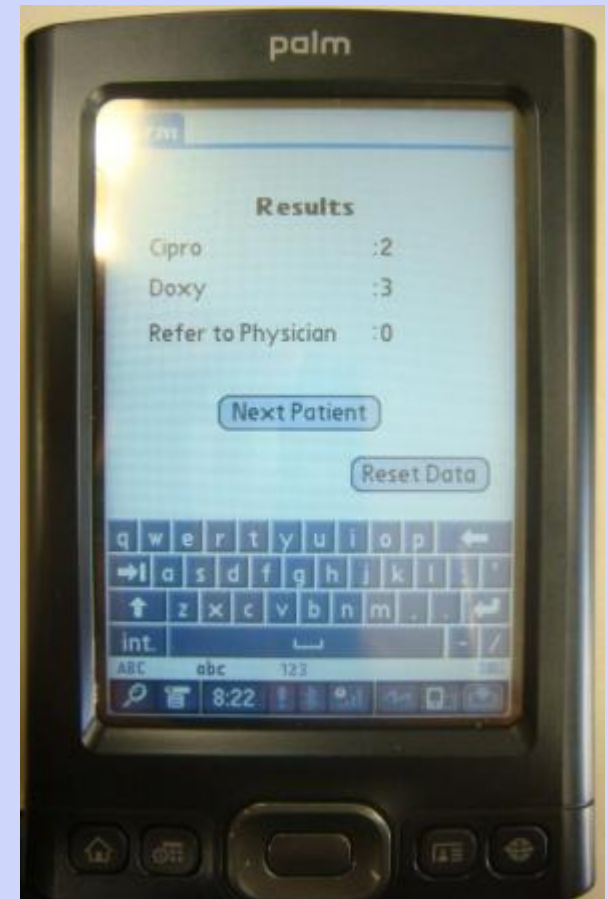
# CRI Scenario: Patient Screening

<b>1</b>  LIST ALL HOUSEHOLD MEMBERS FOR WHOM YOU ARE PICKING UP MEDICATIONS TODAY, INCLUDING YOURSELF		<b>2</b> FOR EACH MEMBER OF YOUR HOUSEHOLD, ANSWER ALL THREE QUESTIONS BELOW:						
		<b>A</b>  Is household member: <ul style="list-style-type: none"> <li>• Pregnant</li> <li>• Breast feeding</li> <li>• Under 8 years of age</li> </ul>	<b>B</b>  Is household member allergic to or shouldn't take any of these: <ul style="list-style-type: none"> <li>• Doxycycline (Vibramycin)</li> <li>• Minocycline</li> <li>• Tetracycline</li> </ul>	<b>C</b>  Is household member allergic to or shouldn't take any of these: <ul style="list-style-type: none"> <li>• Ciprofloxacin</li> <li>• Levofloxacin (Levaquin)</li> <li>• Ofloxacin</li> <li>• Gatifloxacin</li> <li>• Moxifloxacin</li> </ul>	<b>DECISION MATRIX – STAFF USE ONLY</b>			
					<b>Answer A</b>	<b>Answer B</b>	<b>Answer C</b>	<b>Provide</b>
					No	No / DK	No / DK	Doxy
					Yes / DK	No / DK	No / DK	Cipro
					Yes / DK	No / DK	Yes	Doxy
					Yes / DK	Yes	No / DK	Cipro
					Yes / DK	Yes	Yes	Refer
					No	No / DK	Yes	Doxy
					No	Yes	No / DK	Cipro
					No	Yes	Yes	Refer
					<b>CIRCLE MEDICATION TO BE PROVIDED            STAFF USE ONLY</b>			
Last name		First Name	Yes, No or Don't Know?	Yes, No or Don't Know?	Yes, No or Don't Know?			
		Add Totals Under Doxy & Cipro Columns:						
NCR Medication Screening Form		<b>3</b> EACH PERSON SHOULD TAKE THE MEDICINE CIRCLED IN THEIR ROW.						

# CRI Scenario: Patient Screening



# CRI Scenario: Patient Screening

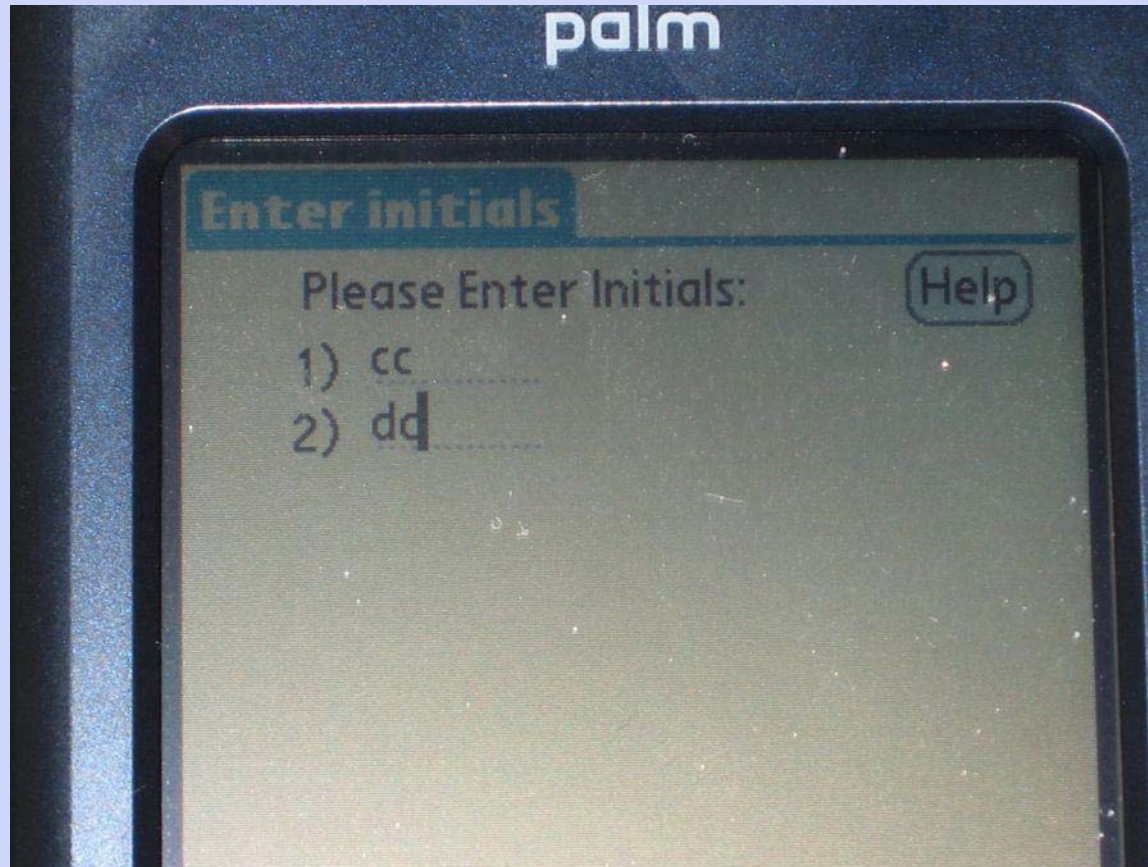


# CRI Scenario: Patient Screening

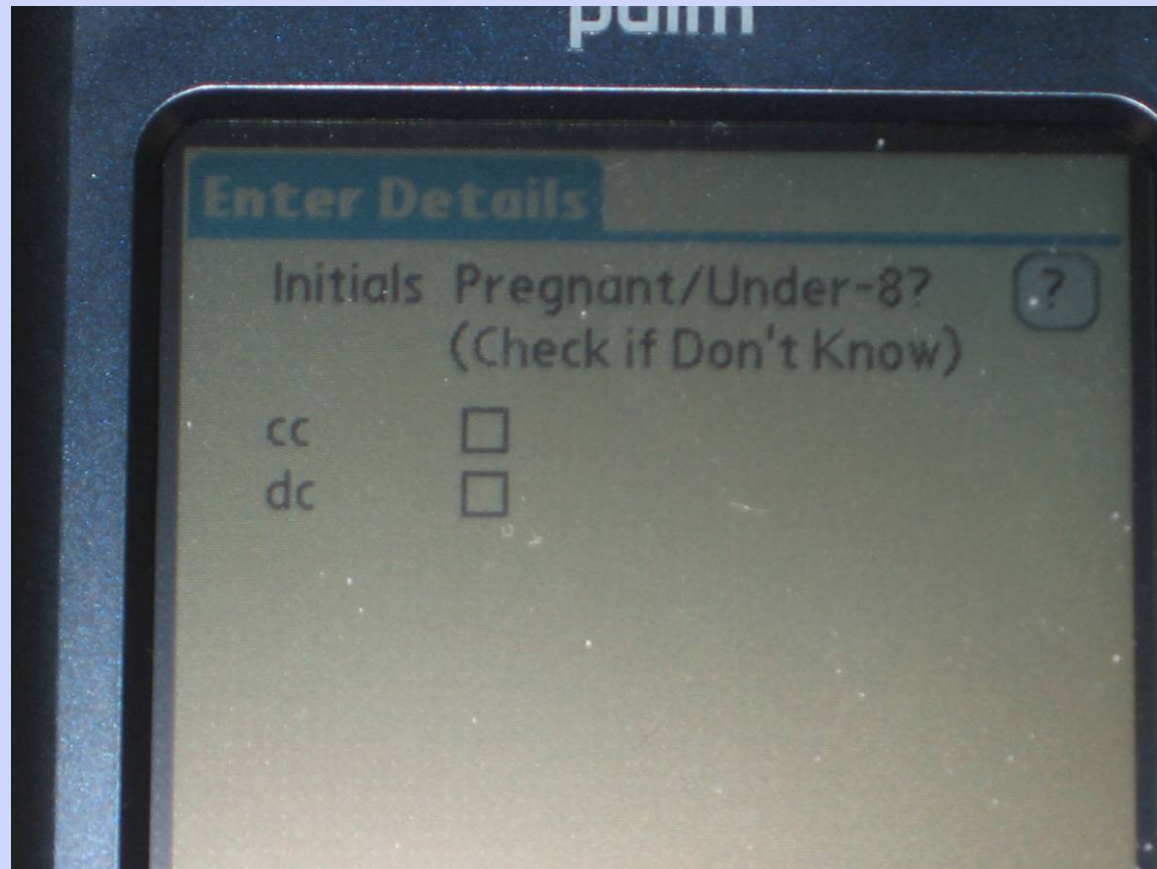


Carla Court is a 55 year old female with allergies to doxycycline and ciprofloxacin. She lives with her 56 year old husband David Court who has no allergies.

# Patient Screening Step One



# Patient Screening Step Two



The image shows a handheld device screen with a patient screening form. The form is titled "Enter Details" in a blue header. Below the header, there are two main sections. The first section is labeled "Initials" and "Pregnant/Under-8?" with a circled question mark icon to the right. Below this, there is a note "(Check if Don't Know)". The second section contains two rows of checkboxes: "cc" and "dc", each followed by an empty checkbox.

Initials	Pregnant/Under-8?
cc	<input type="checkbox"/>
dc	<input type="checkbox"/>

# Patient Screening Step Three

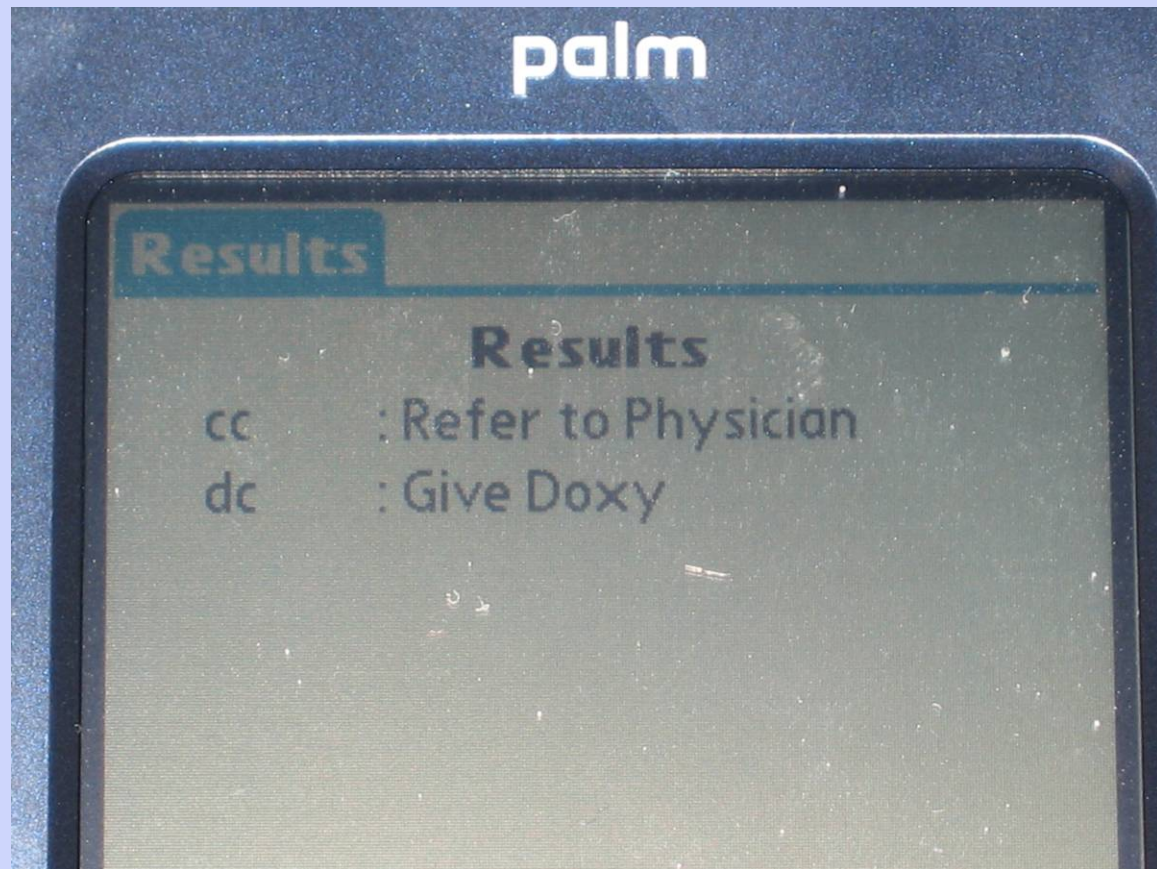
**palm**

**Form**

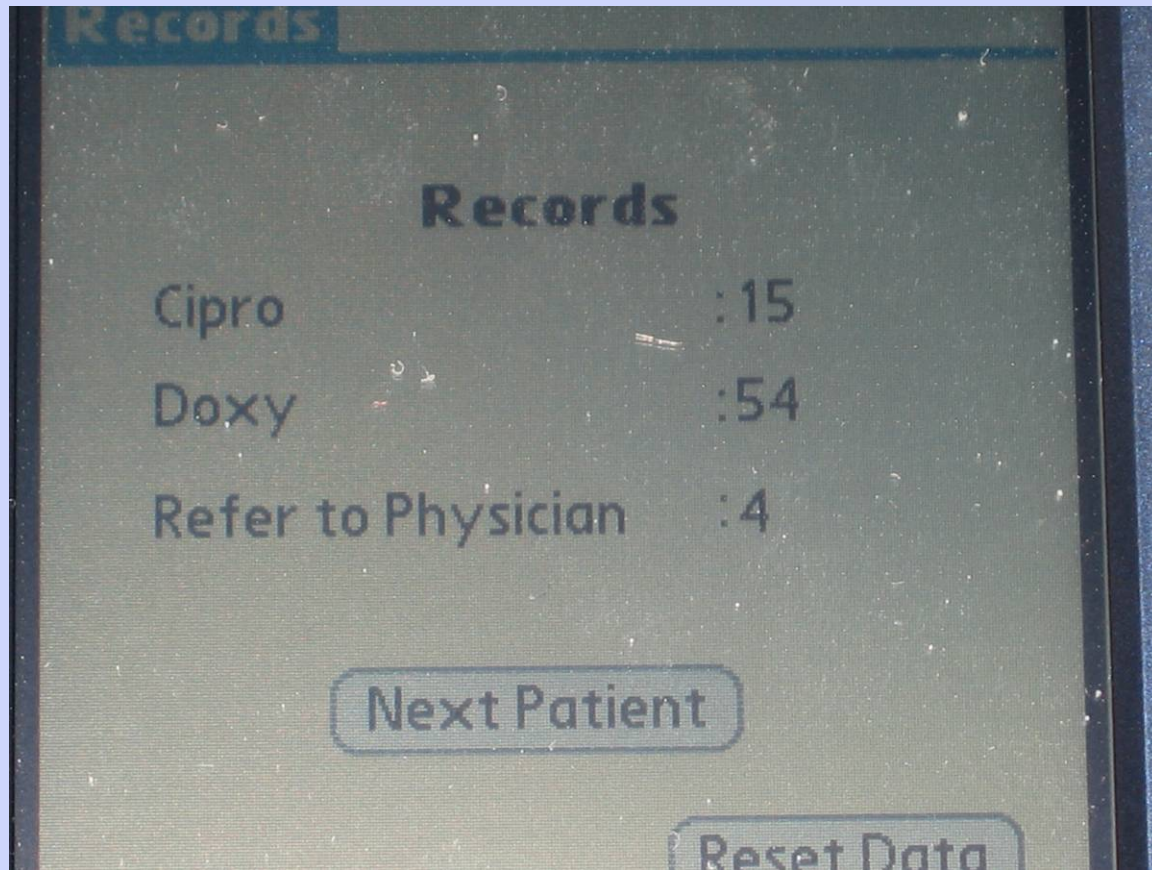
Initials	Allergic to Doxy	Allergic to Cipro
cc	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
dc	<input type="checkbox"/>	<input type="checkbox"/>

?

# Patient Screening Step Four



# Patient Screening Next Person



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# Planning with Computer Models . . .

- ☑ . . . can be used for more routine operations:
  - Tuberculosis screening at high schools
  - Seasonal flu clinics
  - Other immunization clinics

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# Objectives

At the end of this session,  
participants will be able to:

1. Define the term “computer models.”
2. Identify strengths and challenges to using computer models for local public health departments.
3. Describe at least two examples of how computer models can be integrated into local public health.

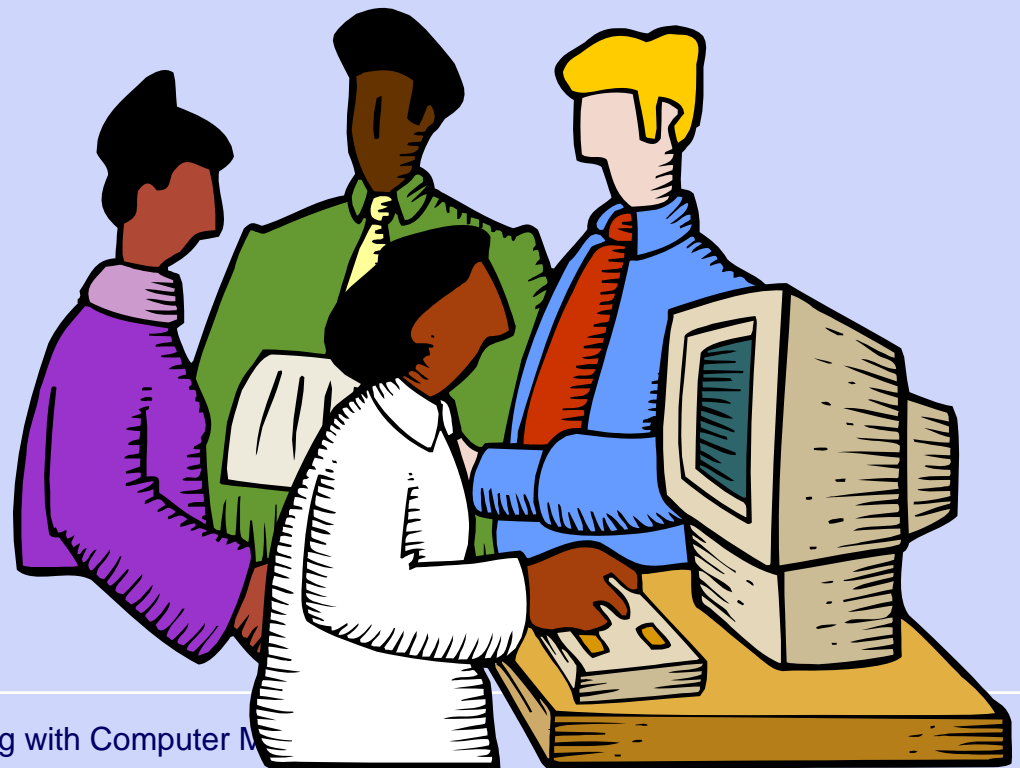
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# Concluding Remarks

- ☑ We encourage you to use these tools and provide feedback to use so that we can continue to improve them and develop useful new ones.

# A Final Thought

- ☑ Modeling should create a conversation, not answer a question.



# Contact Information

- ✓ For more information about the Montgomery County Advanced Practice Center (APC) and tools please refer to the following website:

<http://www.montgomerycountymd.gov/apc>

- ✓ Or contact:

Kay Aaby, APC Program Manager

[kay.aaby@montgomerycountymd.gov](mailto:kay.aaby@montgomerycountymd.gov)

Dr. Jeffrey Herrmann, University of Maryland

[jwh2@umd.edu](mailto:jwh2@umd.edu)

☒ Questions ? ?